

# ANNUAL REPORT

2010

*for*  
**Champaign-Urbana  
Public Health District**

201 W. Kenyon Road - Champaign, IL 61820



**Public Health**  
Prevent. Promote. Protect.

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**Champaign-Urbana Public Health District**

[www.c-uphd.org](http://www.c-uphd.org)

Introduction	2
Letter from the Administrator	3
CUPHD Board of Health	4
<b><u>Administration</u></b>	
Reportable Communicable Disease & Leading Causes of Death	7
ACME (Activity, Communication, Morale & Education)	8
Champaign County Medical Reserve Corp	8
Communicable Disease Outbreaks	9
Emergency Preparedness Program	10
Finance	11
Flu Season 2010	13
Human Resources	14
Information Technology & Public Relations	17
PHIRE (Public Health Institute for Research & Excellence)	18
Universities & Colleges—Education & Mentoring	19
<b><u>Programs</u></b>	
Environmental Health	21
Infectious Disease	25
Maternal & Child Health	34
Wellness & Health Promotion	37
CUPHD Information Guide	48



**Public Health**  
Prevent. Promote. Protect.

**Champaign-Urbana Public Health District**

## Champaign-Urbana Public Health District Annual Report—2010

The Champaign-Urbana Public Health District (CUPHD) has worked since 1937 to prevent disease and promote public health.

In 1996, the Champaign County Public Health Department was formed by a referendum of county voters bringing many of the same public health services to Champaign County residents living outside Champaign-Urbana.



Together, these agencies provide a host of vital services to all Champaign-Urbana residents, as well as selected services to Champaign County residents at large. Public Health services include, but are not limited to, environmental health inspections and permits; disease tracking, reporting and investigation; HIV counseling and testing, prevention and management; sexually transmitted disease testing and treatment; dental services for children; education and health promotion; preventive services and case management for women; immunizations; and an array of other services to pregnant women, children, teenagers, and adults of all ages.

This is a progressive report of Public Health services provided by the Champaign-Urbana Public Health District in 2010.

### Mission Statement

The mission of the Champaign-Urbana Public Health District is to improve the health, safety, and well-being of the community through prevention, education, collaboration, and regulation.

### Vision Statement

The Champaign-Urbana Public Health District is a progressive and respected advocate for the health, safety, and well-being of our community.

### Our Goals

- To Prevent Disease, Injury, and Disability
- To Promote Healthy Lifestyles
- To Provide Early Diagnosis for Improved Health Outcomes and Reduced Health Care Costs

### How Do We Do What We Do?

Public Health receives revenue from a variety of sources. Our primary sources of money to provide our services are:

Grants	~ 61 percent
Taxes	~ 28 percent
Fees	~ 11 percent

Many of our grants are administered through the Illinois Department of Public Health (IDPH).

### Letter from the Administrator



**Julie A. Pryde, MSW, LSW**

Champaign-Urbana Public Health District employees had a very productive 2010. We spent much of the year working with our community partners on a

5-year Community Health Improvement Plan. This required numerous meetings, interviews, surveys, collecting and analyzing data, and writing. The result is a comprehensive, dynamic, searchable, on-line document that lists our community's health priorities and strategies: Obesity and related complications (diabetes, heart disease, hypertension); Access to medical, dental, and mental health care; Violence prevention (domestic abuse, child and elder abuse, sexual assault, bullying, homicide, suicide, assault, etc.); and Prevention of unintended injuries (motor vehicle accidents, car safety seats, bike helmets, etc.).

For the first time since beginning the Community Health Planning process in 1998, each priority area has an outside group whose task it is to focus on solutions to these problems. The groups will meet regularly and report back to CUPHD. Information collected, including strategies, successes, and barriers, will be reported on the website. Obesity will be addressed by C-U Fit Families. Access to care will be addressed by Champaign County Health Care

Consumer's Access to Care Group; Violence Prevention will be addressed by the City of Champaign's Violence Working Group; and Prevention of Unintended Injuries will be headed-up by Safe Kids Coalition.

UIUC National Center for Supercomputing Applications' Health Sciences Working Group (HSG) with the Champaign-Urbana Public Health District, developed INDICATOR, an open-source biosurveillance program that collects anonymized data from area schools, hospitals, and clinics. When unusual patterns are detected by the system's analysis algorithm, the system pushes out an alert to INDICATOR team members and to the Public Health District. By all accounts, this has been very successful. In 2008, CUPHD did not have any infectious disease outbreaks to investigate. In 2009, we had one. In 2010, we investigated a total of 13 outbreaks. This is evidence that our enhanced syndromic surveillance efforts are working! The outbreaks included norovirus, salmonella, cryptosporidiosis, and shigella.

CUPHD is going strong in our 73<sup>rd</sup> year! We continue to evaluate and improve our services. We utilize client and community feedback to develop new programs. We have added children's oral surgery, new mobile clinics sites, teaching gardens, "Let's Get It Started", improved on-site Farmer's Markets, and a Mosquito Abatement program that utilizes bicyclists. We maintain constant communication with the public through our websites, Facebook pages, and regular appearances on local TV and radio. We are all looking forward to the challenges and rewards of 2011.



## **Champaign-Urbana Public Health District Board of Health**

The Champaign-Urbana Public Health District (CUPHD) is governed by a three-person voting board made up of elected Champaign-Urbana officials. Advisors to the board include an appointed medical advisor and treasurer. This governing board is directly responsible for overall operations, financial stability, and the community standing of the Champaign-Urbana Public Health District.



**Carol Elliott, Chairperson**

“CUPHD is a special district; the statute requires that the township supervisors of the City of Champaign Township, Cunningham Township, and the Chairperson of the Champaign County Board serve as the CUPHD Board of Health. An election is held annually in April to elect officers of the board.

I was appointed to the position of Cunningham Township Supervisor in January 1996 to complete the term of

my predecessor. I was re-elected to the position of Supervisor in April 2009 and will continue in that position through April 2013. I am part of the Illinois Association of Boards of Health and have participated in the State Health Improvement Plan.

Cunningham Township is a local unit of government which provides financial and medical benefits to eligible persons within the township. I am the Chief Executive Officer of the township and am responsible for preparing the budget, levy, and overseeing the administration of the General Assistance program.

Although my official role as a CUPHD board member didn't begin until January 1996, I became very familiar with CUPHD services when I began working at Cunningham Township in 1980. I have seen the role of public health greatly expand over the years to what it is today. My experience in working for local government is essential to serving as a board member.

In 2010, the threat of H1N1 still lingers. Locally, CUPHD has lead the way by implementing plans already in place to coordinate services to prevent, protect, and inform the public. The practices used by CUPHD have been copied nationwide.”

### **Advisors to the CUPHD Board of Health include:**

Robert Brunson, Treasurer  
Dr. David Morse, Medical Advisor  
Fred Grosser, Attorney

## Champaign-Urbana Public Health District Board of Health



**C. Pius Weibel, Secretary**

"I am pleased to assist the CUPHD in its continuing progress to prepare for pandemic events. This public health district continues to be one of the best in the state, if not the country."

C. Pius Weibel serves on the CUPHD Board in his capacity as the Chair of the Champaign County Board. Currently, he is the Secretary of the Board. Mr. Weibel has served on the Champaign County Board since 2004 and as County Board Chair since December of 2006. He is also a Senior Geologist at the Illinois State Geological Survey, which is part of the University of Illinois Institute of Natural Resource Sustainability. In October of 2010, Governor Pat Quinn appointed Mr. Weibel as a member of the Illinois Groundwater Advisory Council.

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**Pamela Borowski**

Pam Borowski was elected the City of Champaign Township Supervisor and took office in May of 2009. "One of the major rolls of this administration has been to stabilize the budget and do more with the funds that we have to help those most in need. To date, we have been very successful in accomplishing this task and continue to seek out new and more efficient ways to manage the tax payer's money and make a positive difference in the lives of the people we are here to help. Joining the board of directors of the Champaign- Urbana Public Health District has been an educational and inspiring experience, especially coming into this position as the H1N1 virus was making its way into our community. I am extremely proud to serve on this board and even more proud of the hard working, dedicated, and brilliant individuals who work for CUPHD. I look forward to several more years of serving this most important organization."



# Administration

## Reportable Communicable Disease

CUPHD tracks and investigates disease outbreaks, conducts health assessments, produces community health plans, and supports all other activities and services of public health.

	C-U	Co.
<b>Class 1(a) Reported Immediately</b>		
Influenza Novel A Virus	0	0
<b>Class 1(b) Reported Within 24 Hours</b>		
Chickenpox	10	3
Enteric E Coli	3	1
Haemophilus Influenza	3	2
Mumps	1	0
Neisseria Meningitis	2	0
Rabies, Potential Human Exposure	1	0
Pertussis	3	4
Polio	2	0
<b>Class 2 Reported Within 7 Days</b>		
Shigellosis	3	0
Salmonella	37	10
Giardiasis	11	2
Legionnaires Disease	1	2
Histoplasmosis	1	2
Cryptosporidiosis	3	7
Malaria	4	1
Tick-borne Disease	4	1

### VITAL STATISTICS

Champaign County Total:  
 Births: 2282  
 Deaths: 1022  
 Fetal Deaths: 27

## Leading Causes of Death

Top 10 Leading Causes of Death in Champaign County in 2010:

	% of All Deaths	Total Deaths
<b>Immediate Cause</b>		
Respiratory Failure	10.9	109
Myocardial Infarction	7.4	72
Congestive Heart Failure	5.8	58
Other Circulatory	5.0	50
Cardio Pulmonary Arrest	4.7	47
Shock / Septicemia	4.7	47
Lung Cancer	4.1	41
Pneumonia	3.5	35
Cancer of Digestive Organs	3.2	32
Cerebro Vascular Disease	3.0	30
<b>Underlying/Combined Cause</b>		
Diseases of the Heart	22.2	227
Cancer	19.7	201
Chronic Lower Respiratory	8.9	91
Influenza + Pneumonia	5.3	54
Stroke	4.7	48
Accidents	4.0	41



*Dorothy Meisenhelter receives flu shot at Phillips Recreational Center.*



## ACME—Activity, Communication, Morale, & Education

The mission of the ACME committee is to improve employee morale through activities, enhanced communication, and educational opportunities for staff.

Activities that ACME hosted or was involved with during 2010 included:

- March Madness
- Employee Appreciation Lunchtime Cookout
- Halloween Costume Contest
- Holiday Party

Additional CUPHD activities included:

- American Cancer Society Relay for Life
- Corn Picking with Provena
- CUPHD Garage Sale
- CUPHD T-Shirt Sales
- Pop Can & Cell Phone Recycling
- Quarterly Blood Drives



## Champaign County Medical Reserve Corps (MRC)

Medical Reserve Corps units are community-based and function as a way to locally organize and utilize volunteers who want to donate their time and expertise to promote healthy living

throughout the year, and to prepare for and respond to emergencies. MRC volunteers supplement existing local emergency and public health resources.

MRC volunteers include medical and public health professionals such as physicians, nurses, pharmacists, dentists, veterinarians, and epidemiologists. Other community members, such as interpreters, chaplains, office workers, and legal advisors can fill other vital support positions.

The Champaign County Medical Reserve Corps here at CUPHD has been in place for over three years. In 2010, the Champaign County MRC received a \$5,000 grant from the National Association of City and County Health Officers (NACCHO) to continue the program. The funds were used for program development, advertising, and training materials. The Champaign County MRC went from 29 volunteers to 34 in 2010. MRC members helped with clinics and community events to include the Chicago Marathon. The program continues to grow and is an asset to the community.



## Communicable Disease Outbreaks

Every year, the Champaign-Urbana Public Health District (CUPHD) investigates on average 1-2 outbreaks of communicable disease. During 2010, it proved to be an extraordinary year as CUPHD investigated 13 outbreaks. Throughout the year, six Norovirus outbreaks were identified (occurring in schools, daycares, restaurants, and nursing homes), four outbreaks of *Salmonella*, two outbreaks of unknown etiology at local restaurants, and one outbreak of *Cryptosporidium* at a daycare in Champaign County.



The *Salmonella* outbreaks proved to be the most labor intensive. They included one at a daycare, one at a restaurant, and two large food chain restaurant investigations headed by the Illinois Department of Public Health (IDPH). In June, IDPH identified an outbreak of *Salmonella* *Hvitittingfoss* linked to Subway, and in December, another

outbreak of *Salmonella* 14,[5],12:i that was linked to Jimmy John's restaurants. Various counties were involved as IDPH identified three Subway restaurants and five Jimmy John's restaurants linked to the outbreaks. Based on recommendations from IDPH, staff from additional CUPHD departments were asked to assist the Communicable Disease Investigator. These staff made calls and interviewed ill patients, passed out specimen kits, processed and shipped specimens, and interviewed and tested all food handlers at the implicated locations for clearance to return to work. Through these outbreaks, CUPHD was able to test the All Hazards Plan in new ways, and now there is additional staff trained to assist in a communicable disease investigation. The past year turned out to be a unique and time-intensive year filled with many more communicable disease events than are usually expected.



## Emergency Preparedness Program

The Emergency Preparedness Program at CUPHD provides education, community support, and hands-on training in regard to public health for Champaign County. The goal of the Emergency Preparedness Program is to prepare Champaign County for active public health response in the event of a large-scale emergency.

Emergency preparedness activities include meetings held at local, state, and regional levels with corresponding training activities. Local meetings include, but are not limited to, weekly emergency management meetings, an infectious disease working group at the University of Illinois, a Champaign County Public Information Officer workgroup, and educational outreach with community churches, schools, and other agencies. State and regional activities include, but are not limited to, the Illinois Department of Public Health's Health and Medical Task Force, Regional Health Department Emergency Response Coordinator's meetings, and the 2010 IDPH Emergency Preparedness Summit.



## Highlights

- Scored a 95 out of 100 points on the annual Local Technical Assistance Review for Strategic National Stockpile (SNS) Planning in April, up 30 points from FY09
- Continued work with the CDC and ORISE (Oak Ridge Institute for Science and Education) in regards to essential health care services in a pandemic culminating in a community partner exercise in August
- Assisted with the Willard Airport exercise in June; helped with volunteer recruitment and participation
- CUPHD became an Advanced Practice Center (APC) Connector site designee by the National Association of City and County Health Officials (NACCHO) to test tools developed by APCs



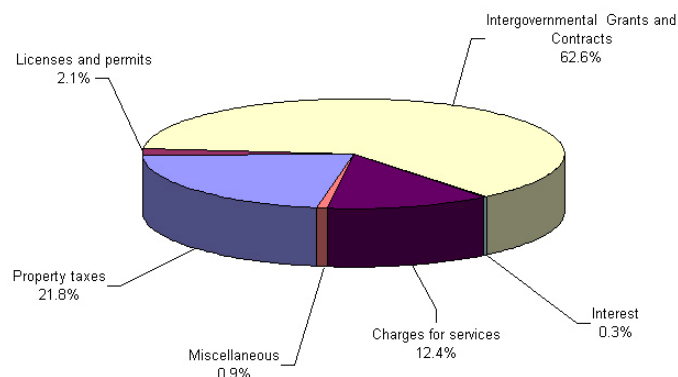
## Finance

The Finance Division is primarily responsible for recording all sources of revenues and expenditures for CUPHD by activity. Finance is responsible for ensuring that all financial activity is in compliance with federal and state regulations, and that all activity is accounted for properly.

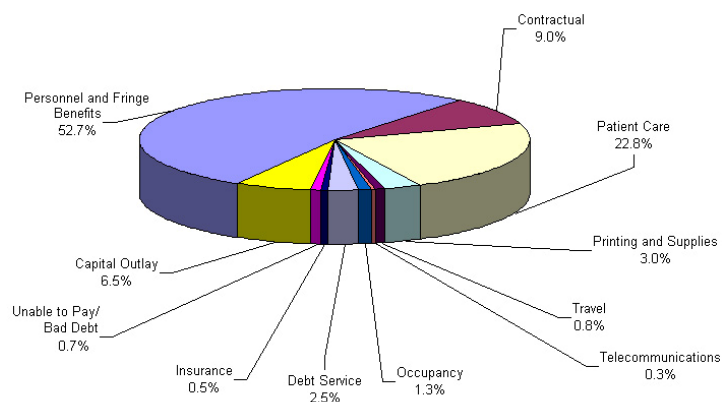
The responsibilities of the Finance Division include, but are not limited to, the following functions:

- Expenditures
- Payroll & employee reimbursements
- Medicare, Medicaid, and third party billings
- Cash receipts, including credit card payments and third party
- Grant billings, reporting and monitoring
- Monthly reconciliations of bank statements, subsidiary ledgers
- Monthly financials and board reports
- Annual audit reports
- Annual tax levy and public notice announcements
- Annual budget and public notice announcements
- Annual financial audit
- Financial policies
- Financial forecasting
- Education and recommendations to CUPHD Leadership Team on all financial issues

Champaign-Urbana Public Health District  
Total Revenues for the Year Ended June 30, 2010



Champaign-Urbana Public Health District  
Total Expenditures for the Year Ended June 30, 2010





**Champaign-Urbana Public Health District  
Statement of Revenues, Expenditures, and  
Changes in Fund Balances - Governmental Funds  
For the Year Ended June 30, 2010**

Excerpt from Audited Financial Report

	General Fund	Other Governmental Funds	Total Governmental Funds
<b>Revenues</b>			
Property Taxes	\$ 2,596,298	\$ 311,316	\$ 2,907,614
Licenses and Permits	248,048	-	248,048
Intergovernmental	7,475,084	322,131	7,797,215
Interest	33,416	-	33,416
Charges For Services	1,477,130	-	1,477,130
Miscellaneous	105,775	-	105,775
	<hr/>	<hr/>	<hr/>
Total Revenues	11,935,751	633,447	12,569,198
	<hr/>	<hr/>	<hr/>
<b>Expenditures</b>			
Administration	1,464,830	159,633	1,624,463
Environmental Health	1,099,367	60,692	1,160,059
Infectious Disease Prevention and Management	2,106,287	106,145	2,212,432
Maternal and Child Health	3,459,079	128,597	3,587,676
Public Health Institute for Research and Excellence	163,180	4,988	168,168
Wellness and Health Promotion	1,873,485	116,370	1,989,855
Debt Service:			
Principal	140,601	-	140,601
Interest	151,830	-	151,830
Capital Outlay	764,555	-	764,555
	<hr/>	<hr/>	<hr/>
Total Expenditures	11,223,214	576,425	11,799,639
	<hr/>	<hr/>	<hr/>
Excess of Revenues Over Expenditures	712,537	57,022	769,559
	<hr/>	<hr/>	<hr/>
<b>Other Financing Sources (Uses)</b>			
Transfers In	-	72	72
Transfers Out	(72)	-	(72)
	<hr/>	<hr/>	<hr/>
	(72)	72	-
	<hr/>	<hr/>	<hr/>
Excess of revenues and other financing sources over expenditures and other financing uses	712,465	57,094	769,559
	<hr/>	<hr/>	<hr/>
<b>Fund Balances, Beginning of Year</b>	3,286,810	244,970	3,531,780
	<hr/>	<hr/>	<hr/>
<b>Fund Balances, End of Year</b>	\$ 3,999,275	\$ 302,064	\$ 4,301,339
	<hr/>	<hr/>	<hr/>

## Flu Season—2010

Each year, CUPHD utilizes flu vaccination clinics as emergency mass vaccination preparedness. In 2010, flu vaccine was distributed to multiple sites as a component of the drill; Hayes Center in Champaign, Phillips Recreation Center in Urbana, Rantoul Recreation Center, and Tolono West Fire Department. Tolono was a drive-thru clinic; all other clinics were walk-in clinics. CUPHD also held one walk-in clinic at the main office. All vaccination clinics were held October 6 & 7, 2010.



## Human Resources

The primary function of the Human Resources Department at CUPHD is to provide administrative services that enable CUPHD and its employees to meet the agency's overall objectives through:

Recruitment and selection; career guidance and advancement; discipline and grievance advice; formulation and enforcement of employee policies and procedures for best practices; health and safety (ensuring OSHA, CLIA, HIPAA compliance); training and development (skills training and promoting diversity); advice to management staff on personnel issues; benefits administration; monthly staffing statistical reporting; employee relations (ACME); position classification and grading; salary determinations; performance evaluation and management; compliance with employment law; pension administration; resignations and terminations of employment; and administration of equal opportunity policies.

## CUPHD Garden

In May 2010, seven (7) additional raised garden beds were built on the north side of the District campus. These additions expanded the garden project to twelve (12), 8' x 4' raised beds. The gardens were used to teach successful gardening techniques to clients and staff and to supply the weekly farmer's market with fresh produce. During the last growing season clients were able to take advantage of parking lot farmer's market during their appointments.

## Health & Safety Training & Development

### Safety Officer / Safety Committee Activities:

- Annual Review Safety Plans
- Annual Fire Drill
- Annual TB Survey
- Annual Severe Weather Drill—Alarm Installation
- Drive-thru & Walk-in Seasonal Flu Clinics
- Fire Inspection—Champaign Fire Department
- Material Safety Data Sheets (MSDS) Review and Updates
- Monthly Safety Inspections
- Bi-monthly Safety Committee Meetings
- Safety Inspection—IPRF Loss Control Consultant
- Emergency Call-down System Testing

### Safety Officer / OSHA / Trainings:

Biohazard Waste Training	1
CLIA Lab Proficiencies	20
CPR	61
N-95 Fit Testing	88
N-95 Medical Screenings	8
Immunization Competencies	1
Phlebotomy Competency	6
TB Skin Tests	137
TB Screenings	8
Lab Procedures Training	21
Lab Competencies	4
Child Abuse & Neglect	38
Bioterrorism Lab Training	12
Employee Influenza Immunizations	86
Employee Immunization Compliance	15



## Additional Items:

- Immunization & Disease Conference
- Command & General Staff Training
- Strategic National Stockpile Training
- Pandemic Influenza Conference with Community Partners
- Tabletop Community Exercise with CDC
- CLIA Laboratory Site Inspection—IDPH

## Monthly Staff Compliance Training:

Ergonomics	94
HIPAA Privacy Rule	90
Blood Borne Pathogens	86
HIPAA Security	86
TB Infection Control	88
Red Flag Rules / Identity Theft	87
Emergency Preparedness	95
Influenza	95
Hazard Communication	79
OIG Compliance Fraud & Abuse Prevention	93
Workplace Harassment & Violence	97

*Note: There was no compliance training in December 2010.*



## Take Our Daughters & Sons to Work Day

The 2010 annual Take Our Daughters and Sons to Work® Day was held on Thursday, April 22, 2010. The theme was "1 Youth, 1 Dream, 2Morrow's Leader". Twenty (20) students ranging from 4 to 15 years old participated.

Activities included gardening projects, a demonstration on how to avoid spreading germs, healthy snacking ideas, and a demonstration on healthy brushing/flossing techniques for healthy teeth.





## Webinars:

- HR Compliance – April 2010
- Layoffs and Furloughs – April 2010
- Hiring Military Reservists/Guard – May 2010
- Crisis Communication – HR Perspective – June 2010
- Health Care Reform – Aug. 2010
- Workforce Flexibility – Aug. 2010
- Health Savings Accounts – Oct. 2010
- Health Insurance Exchanges – Dec. 2010
- Employee Benefits Compliance – Dec. 2010



## Additional HR-Related Activities:

- Monthly All Staff Meetings
- College/University Student Internships
- Freedom of Information Updates – Jan. 2010
- FMLA Updates – Jan. 2010
- IPMA Legislative Updates – Jan. 2010
- Appointed Freedom of Information Officer and back-ups – Jan. 2010
- Appointed Open Meetings Act Officer and back-ups – Jan. 2010
- Joined Central Illinois Human Resource Group – March 2010
- Volunteer H1N1 Appreciation Luncheon– April 2010
- Stress Management Workshop – EAP – April 2010
- New Job Classification – Mosquito Abatement Biker – May 2010
- Reclassified Dental Asst. to Class 2 position – May 2010
- Illinois Municipal Employee Information Workshop – June 2010
- Teamwork Building Workshop – EAP – June 2010
- Code of Conduct Workshop – EAP – June 2010
- Stress Management Workshop – EAP – June 2010
- New Job Classification – Dental Asst. II – July 2010
- Developed Cost of Living Allowance & Merit Increase Policy – Nov. 2010
- New Job Classification – Special Projects Coordinator – Dec. 2010

## Information Technology

Information Technology is directly responsible for all day-to-day electronic operations at CUPHD. In addition, Information Technology oversees the creation and updating of the CUPHD website, the CUPHD closed-circuit TV system, phone systems, and audio systems.

Information Technology staff members provide case-by-case solutions for electronic issues, computer trainings, and educational opportunities for CUPHD staff. Information Technology is the central resource for research and development of electronic upgrades and equipment.



## Public Relations

Public Relations is directly responsible for all press releases, media requests, and requests for interviews.

CUPHD receives numerous requests over the course of a year to speak on health-related topics, current budgetary issues affecting public health, and much more. Some of the topics that were news worthy during 2010 were bed bugs, flu vaccinations, whooping cough, West Nile Virus (WNV), and *Salmonella* outbreaks to name a few.



## PHIRE

Public Health Institute for Research and Excellence (PHIRE) is the research arm of the Champaign-Urbana Public Health District (CUPHD). The Institute was created in 2009 to promote best practices through quality education, training, technology, evidence-based research, and effective partnerships that bridges academia and the local community knowledge.

After the 2009 H1N1 pandemic, 2010 was the year of regrouping; but we continued to build new partnerships for research and excellence and worked on existing projects. Some of the projects that were undertaken by the Research Institute and completed in 2010 are as follows:

1. Health Disparities and Information Avoidance by Stigmatized Groups. The effect of Audio-Visual intervention in behavior change for STD/HIV Clients in collaboration with Allison Earl and Dolores Albarracin, UIUC, Department of Psychology
2. Health Information Exchange Planning for Electronic Medical Records, Illinois Department of Family Services.
3. Public Health Online Database for Community Health Informatics, University of Illinois, Library Sciences.
4. Health Map Online, University of Illinois, College of Veterinary Medicine
5. GIS and its implementation in Pandemic Influenza Planning: An interactive format for use of community and organizations in collaboration with Dr. Ruiz, UIUC
6. Targeting behaviors/attitudes of managers in poor performance retail food establishments, University of Illinois, Department of Psychology

*For more information or to collaborate with the Institute please contact: Awa Vaid: [avaid@c-uphd.org](mailto:avaid@c-uphd.org), Julie Pryde: [jpryde@c-uphd.org](mailto:jpryde@c-uphd.org), or Jim Roberts: [jroberts@c-uphd.org](mailto:jroberts@c-uphd.org).*



## Champaign-Urbana Public Health District—Internships Educating & Mentoring the Future of Public Health



Knowledge and Wisdom



WESTERN  
ILLINOIS  
UNIVERSITY



LAKEVIEW  
COLLEGE OF NURSING  
ADAPTABILITY • CARING • EXCELLENCE • INTEGRITY • SERVICE

**UIC**

The University of Illinois  
at Chicago



**Public Health**  
Prevent. Promote. Protect.



JOHNS HOPKINS  
BLOOMBERG  
SCHOOL of PUBLIC HEALTH



**WALDEN UNIVERSITY**  
*A higher degree. A higher purpose.*

ILLINOIS STATE  
UNIVERSITY



EMORY  
ROLLINS  
SCHOOL OF  
PUBLIC  
HEALTH



MENNONITE  
COLLEGE OF NURSING  
*Illinois State University*

**Missouri State**  
UNIVERSITY





# Programs

## Environmental Health

Environmental Health inspects food and drink establishments, reviews kitchen plans for new facilities, enforces environmental laws, issues permits for private water supplies and private sewage systems, conducts lead paint investigations, and provides food-handling classes.

### Body Art Program

CUPHD has inspected Champaign-Urbana tattoo establishments and artists since 1995; however, with IDPH adopting new rules for establishments performing all forms of body art, CUPHD's program has changed to include all body art establishments in Champaign and Urbana. Body art includes body adornment techniques such as body piercing, tattooing, cosmetic tattooing, branding, and scarification. It does not include establishments that pierce the non-cartilaginous portion or lobe of the ear with pre-sterilized single-use stud-and-clasp ear-piercing systems.



## Food Protection

All restaurants, retail food stores, temporary food booths, taverns, convenience stores, and other types of food services must obtain a health permit to operate.

Environmental Health conducts unannounced inspections at all food service establishments, reviews plans for newly constructed or remodeled facilities, investigates complaints, provides educational classes and information to food service workers, and initiates legal proceedings for non-compliance. As part of an intergovernmental agreement, Environmental Health issues city food handler's licenses on behalf of the cities of Champaign and Urbana.



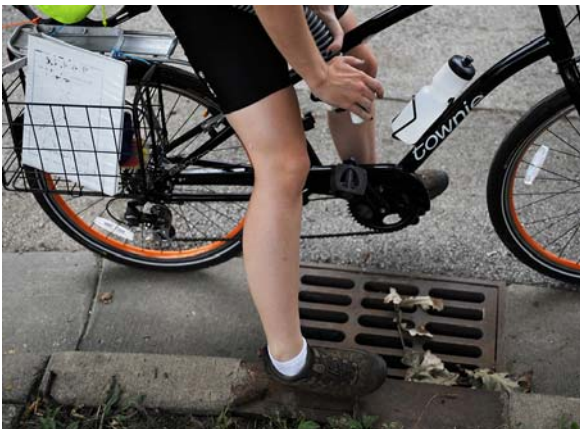
### Lead-Based Paint Program

Environmental Health investigates the source of lead exposure in children with lead poisoning. When necessary, an environmental lead assessment is done to determine the source(s) of hazardous lead exposure in the residential environment of children with elevated blood lead levels. Inspection reports and compliance letters are generated and, when necessary, legal prosecutions are initiated. Environmental Health also provides educational materials to renters, landlords, and homeowners.

## Mosquito / West Nile Virus (WNV) Program

Environmental Health monitors local populations of mosquitoes for West Nile virus infection. Environmental Health also collects dead birds in Champaign County for West Nile virus testing. This information assists in tracking and alerting the public in areas that are more likely to contain infected mosquitoes.

In 2010, CUPHD signed an intergovernmental agreement with the cities of Champaign and Urbana and the Village of Savoy to provide a *Culex* mosquito prevention program. A main component of this agreement was larvicide applications to catch basins to reduce mosquito populations.



*Photo courtesy of the Daily Illini*

## Potable Water Program

Environmental Health issues permits for new well installations, inspects and tests new wells, and makes sure that abandoned wells are sealed. Environmental Health also tests and inspects non-community water supplies.

## Private Sewage Disposal Program

Environmental Health reviews construction plans and applications for all private sewage systems and issues permits upon approval. Inspections are performed on new systems, renovations or repair work, or as a result of complaints.

## Radon Program

Radon is a naturally occurring, invisible, odorless gas that comes from deposits of uranium in soil, rock, and water. Environmental Health periodically offers short-term radon test kits to Champaign County residents at no cost.

## Tanning Program

All tanning establishments in Champaign County must follow the guidelines of the Illinois Department of Public Health (IDPH). Environmental Health inspects public tanning facilities and responds to complaints.



## Totals for 2010

	C-U	County
<b><u>Body Art Program</u></b>		
Inspections Conducted	11	0
Consultations/Counseling	49	2
<b><u>Food Establishments</u></b>		
Routine Inspections Conducted	988	387
Re-inspections Conducted	39	6
Temporary Permits Issued	175	204
Plan Review/Site Visits/Construction Surveys	11,006	3,741
Education Presentations	351	90
Complaint Investigations	64	24
Consultations/Counseling (Field/Office)	19,910	8,016
<b><u>Lead-Based Paint Program</u></b>		
Inspections Conducted	5	0
Consultations/Counseling	126	2
<b><u>Mosquito/West Nile Virus Program</u></b>		
Mosquito Traps Placed/Collected	272	73
Positive Mosquito Batches	20	0
Dead Birds Submitted for Testing	5	5
Positive Birds	2	2
Media Contacts	26	26
Complaints	4	4
Consultations/Counseling	112	179
<b><u>Potable Water Program</u></b>		
Permits Issued	0	49
New Wells Inspected	0	108
Water Wells Sealed	1	40
Sealed Water Wells Inspected	1	12
Consultations/Counseling	0	474
<b><u>Private Sewage Disposal Program</u></b>		
Permits Issued	0	81
Inspections Conducted	0	170
Complaints Received	0	23
Complaint Inspections	0	51
Consultations/Counseling	0	1,002

Cont'd



## Totals for 2010

	C-U	County
<b><u>Radon Program</u></b>		
Test Kits Distributed	7	2
Test Results Received <4 pCi/L	20	4
Test Results Received $\geq$ 4 pCi/L	14	0
Consultations/Counseling	17	14
<b><u>Tanning Program</u></b>		
Inspections Conducted	4	4
Consultations/Counseling	21	12



## Infectious Disease

The Infectious Disease Division is made up of nurses, counselors, an epidemiologist, substance abuse professionals, and case managers. The goal is to provide all of the available services to the individual where we have contact with them. Risk Reduction counseling and Risk Reduction supplies are provided in all services. Immediate, on-site referral to Care Connect services are provided to all persons who test positive for HIV infection. Partner Counseling and Referral Services are offered to all persons who have an STD or HIV. HIV and Hepatitis support groups are offered monthly for persons infected or affected.

### Check Out Healthy (Jail Project)

“Check Out Healthy” is a collaborative effort between the Champaign County Correctional Facility and the CUPHD Infectious Disease Division. “Check Out Healthy” is a transitional case management program that offers pre-release support, free communicable disease screening, and discharge planning. The program is offered to all inmates who are HIV+, and those at an increased risk for becoming HIV+, who are housed at the Champaign County Correctional Center. All inmates are offered HIV and syphilis testing. Those 25 years old and younger or that report STD symptoms are offered urine testing for Gonorrhea and Chlamydia during a weekly on-site clinic.

## Chlamydia Evaluation Project

This CDC initiative is aimed at increasing testing options for sexually-active women 12 to 25 years old who presented for health services at a physician’s office, emergency room, or clinic. In 2010, the workgroup met quarterly to discuss data collection and gaps in services for this population.



### CUPHD Mobile Program

CUPHD currently has two (2) mobile units that provide CUPHD services to Champaign County clients in their neighborhoods during times that are most accessible to the residents. This program provides an innovative solution for those residents that desperately need CUPHD services, but are unable to access them due to transportation or scheduling challenges.

Neighborhoods that have received monthly visits from the CUPHD mobiles have included Community Center in Rantoul; Fair Oaks in Danville; Good Samaritan Soup Kitchen in Decatur; Catholic Worker House and Restoration Urban Ministries in Champaign. CUPHD mobiles are also available for events such as neighborhood and church health fairs and much more!

Teen WOW (Wellness on Wheels) is now in three (3) Champaign high schools and one (1) Rantoul high school.

## Gonorrhea Elimination Project

This IDPH initiative attempts to ensure that all sexual partners of those who are found to have Gonorrhea in Champaign County receive testing and treatment. Through this project, CUPHD staff contact all persons who test positive for Gonorrhea in the county, conduct a short interview about their disease, and locate information about their sexual partners to ensure that they are tested for Gonorrhea and properly treated.



## Hepatitis Integration Project

The Hepatitis Integration Project assesses risk factors for viral Hepatitis among all clients and performs appropriate testing for HCV infection. The Hepatitis Integration Project provides a client-centered viral Hepatitis prevention counseling and support group, and provides Hepatitis A & B immunizations to persons in appropriate risk groups.

## HIV Care Connect

CUPHD serves as the Lead Agent for the East Central Illinois HIV Care Connect which serves the following counties: Champaign, Clark, Clay, Coles, Crawford, Cumberland, Douglas, Edgar, Effingham, Ford, Iroquois, Jasper, Kankakee, Lawrence, Livingston, Richland, and Vermilion. Case management is provided to persons living with HIV in each county.

In 2010, persons living with HIV were offered medical case management at CUPHD. Medical case management is a formal and professional service that links clients with chronic conditions and multiple service needs to a continuum of health and social service systems. This system strives to ensure that clients with complex needs receive timely coordinated services which assist a client's ability to function independently for as long as is practical. Medical case management assesses the needs of the client, the client's family, and the client's support system as well as arranges, coordinates, monitors, evaluates, and advocates for a package of multiple services to meet the specific client's complex needs.

## HIV Testing & Counseling

Infectious Disease provides HIV testing and counseling services to those most at risk for HIV infection. Testing is available using Orasure or rapid testing devices. Testing is provided at the CUPHD clinic (201 West Kenyon Road), on the CUPHD mobiles, and in out-reach settings.

## Juvenile Detention Center Outreach

CUPHD currently provides STD skill-based prevention education at the Champaign County Juvenile Detention Center at least one (1) time per month. STD education and urine screening for Chlamydia and Gonorrhea is offered to all of the youth during a weekly STD clinic on-site.



## Men's Screening Clinic

Infectious Disease staff provides a special Men's Clinic for STD services at the CUPHD clinic at 201 West Kenyon Road. This clinic is available to walk-in clients on Mondays (4:00 - 5:30 PM).

Services include testing, treatment, and counseling for the following: Chlamydia, Gonorrhea, Syphilis, Hepatitis C, HIV, Herpes Type 1 & 2. Additional services include Hepatitis A & B vaccines.

## Mpowerment Project

This community-level intervention for young men who have sex with men uses a combination of informal outreach, discussion groups, creation of safe spaces, social opportunities, and

social marketing to reach a broad range of young gay men with HIV prevention, safer sex, and risk reduction messages.

In 2010, another Mpowerment project was started for young African American men who have sex with men. Brother to Brother follows the same model but adds components of race and cultural identity to increase HIV prevention.

More information about this program can be obtained by calling 217.531.5364.

## Pregnancy Screening Project

Clients, 25 years of age and younger or those who report STD symptoms, that present for pregnancy testing are provided "opt-out" testing for Gonorrhea and Chlamydia with the urine specimen they provide for pregnancy testing.

## SISTA Project

Sisters Informing Sisters on Topics about AIDS (SISTA) is a group-level, gender and culturally relevant intervention. It is designed to increase condom use with African American women. Five (5) peer-led group sessions are conducted that focus on ethnic and gender pride, HIV knowledge, and skills training around sexual risk reduction behaviors and decision making. The intervention is based on Social Learning theory as



well as the theory of Gender and Power.



## STD Services

CUPHD provides STD services at 201 West Kenyon Road on Tuesdays (1:00 - 5:00 PM) and Thursdays (9:00 - 11:00 AM & 1:00 - 3:00 PM). Services include counseling, testing, and treatment for the following: Chlamydia, Gonorrhea, Syphilis, Hepatitis C, HIV, Herpes Type 1 & 2. Additional services include Hepatitis A & B vaccines.



## STD Surveillance

Infectious Disease provides surveillance services for clients that test positive for sexually transmitted diseases. CUPHD staff works confidentially with any clients that test positive for STDs to locate, test, and treat sexual partners.

## Tuberculosis (TB) Program

One-third of the world's population is infected with Tuberculosis (TB), and one (1) person with active TB can infect 10-15 other people in a year! CUPHD

offers TB skin tests every week and follow-up treatment when needed for those who test positive. Field TB testing is available for at-risk groups. CUPHD also offers professional speakers to make TB presentations upon request.

In 2010, CUPHD managed five (5) people with active TB disease through Directly Observed Therapy (DOT).

## VOICES Program

The VOICES program (Video Opportunities for Innovative Condom Education and Safer Sex) is a group-level, single-session video-based intervention designed to increase condom use among heterosexual African American and Latino men and women in their community. VOICES is also offered in the adult and juvenile correctional facilities.



## Totals for 2010

	C-U	County	Other Co.	Positive
<u>STD—Male Client Testing &amp; Services:</u>				
Chlamydia	687	125	152	132
Gonorrhea	687	125	152	38
Hepatitis C	9	1	3	5
Hepatitis A	10	12	1	-
Hepatitis AB	101	6	22	-
Hepatitis B	2	-	-	-
Herpes Serologic 1	74	19	29	56
Herpes Serologic 2	74	19	29	19
HIV	525	107	131	-
Screening (PSA)	39	5	2	-
Syphilis	615	113	146	4

## STD—Female Client Testing & Services:

Chlamydia	545	112	103	81
Gonorrhea	545	112	103	11
Hepatitis C	9	3	2	2
Hepatitis A	8	-	6	-
Hepatitis AB	79	15	19	-
Hepatitis B	1	-	-	-
Herpes Serologic 1	57	15	18	43
Herpes Serologic 2	57	15	18	24
HIV	470	99	91	-
Syphilis	465	98	92	4

Cont'd

## Totals for 2010

	C-U	County	Other Co.	Positive
<u>Men's Screening Clinic:</u>				
Chlamydia	147	40	47	36
Gonorrhea	147	40	47	12
Hepatitis C	2	1	1	-
Hepatitis A	-	-	1	-
Hepatitis AB	18	4	9	-
Hepatitis B	1	-	-	-
Herpes Serologic 1	25	7	13	26
Herpes Serologic 2	25	7	13	6
HIV	121	35	34	-
Screening (PSA)	10	2	2	-
Syphilis	145	37	44	4
<u>Tuberculosis (TB) Program:</u>				
Total TB Skin Tests	1,296	353	9	
Outreach Site Visits:				
Center for Women in Transition	24			
A Woman's Fund	24			
TIMES Center	48			
<u>Pregnancy Screening Project:</u>				
Chlamydia Screenings	211			
Positive Screenings	18			
Gonorrhea Screenings	211			
Positive Screenings	5			

Cont'd

## Totals for 2010

		Positive
<u>Check Out Healthy (Jail Project):</u>		
Chlamydia	227	31
Gonorrhea	227	2
Hepatitis C	16	5
Hepatitis A	-	
Hepatitis AB	47	
HIV	396	
Syphilis	399	6
<u>Anonymous HIV Testing &amp; Counseling:</u>		
Tests Conducted	255	
Positive Tests	14	
<u>HIV Care Consortium:</u>		
Average Monthly Open & Active Cases	286	
Total New Clients	39	
<u>Juvenile Detention Center Outreach:</u>		
Chlamydia Tests	131	
Positive Tests	13	
Gonorrhea Tests	131	
Positive Tests	8	

Cont'd



## Totals for 2010

### Hepatitis Integration Project:

Total Vaccinations in:	
Champaign-Urbana	16
Champaign County	-
Other Counties	-

Average Monthly Hepatitis Support Group Attendees*	5
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Total Hepatitis Outreach Site Visits:	
A Woman's Place	12
Center for Women in Transition	12
Stepping Stone Shelter	52
TIMES Center	52

### STD—Surveillance:

Persons Notified & Brought To Treatment	125
Partners Treated	43

Syphilis Cases	29
Syphilis Cases Managed by CUPHD	8
Partners of Syphilis Patients Treated	10

*\*Started hosting the support group again in March 2010.*



Cont'd

## Totals for 2010

### CUPHD Mobile Program:

Services Rendered:	
Blood Pressure	77
Flu Vaccinations	94
Gonorrhea/Chlamydia	130
Hepatitis Vaccination	1
HIV	131
Pregnancy Test	22
Prostate Antigen Screening	12
STD Testing Results/Treatment	54
Syphilis	134

### Harm Reduction Supplies—Mobile:

Harm Reduction Kits	143
Homeless Kits	194
Safer Sex Kits	3,264
Safer Smoking Kits	656

### Referrals Given—Mobile:

Child Assistance	-
Christian Health Center	1
Dental Care	9
Diabetes Education	1
Emergency Room	1
Eye Care	4
Family Planning	-
Frances Nelson Health Center	27
Homeless Shelter / Housing	-
Illinois Breast & Cervical Cancer Program (IBCCP)	87
Mental Health	-
Other Health Department Services	17
Public Aid / Township / Utility Asst.	-
Smoking Cessation	1
STD Clinic	37
Syringe Exchange	5
Women, Infants & Children (WIC)	3

## Maternal & Child Health

Maternal & Child Health (MCH) provides services to at-risk mothers and children in Champaign County. Services include WIC, Immunizations, Teen Parent Services, HealthWorks, Family Case Management, Nutrition Counseling, and MUCH MORE!

### Cooperative Extension

CUPHD has an agreement with the Cooperative Extension office in Rantoul to provide classes to WIC-registered clients.



### Family Case Management

Family Case Management provides preventative care, developmental testing, immunizations, referrals, and follow-up for pregnant women and children who meet income guidelines. Home visits are done once during pregnancy and once during the postpartum period. The car seat program is in collaboration with Safe Kids of Champaign County. The Illinois Department of Public Health (IDPH) Genetics Grant provides funding for prenatal genetic screening. Denver II and Ages and Stages standardized developmental screenings are used and the Edinburgh tool is used for postpartum depression screenings.

## HealthWorks

HealthWorks for Illinois is a collaborative effort between the Department of Children & Family Services (DCFS), the Department of Human Services (DHS), and Public Health. Public Health in Champaign County serves as the Lead Agency for Champaign, Ford, and Iroquois counties.

HealthWorks provides advocacy and referrals to pregnant DCFS wards and their children. HealthWorks works closely with foster parents and case-workers to ensure that those in foster care receive appropriate medical care.

### Lead Blood Draws

The Illinois Department of Public Health (IDPH) provides a grant to draw blood to check lead-levels for Medicaid clients age 1 and 2-1/2. If a child is found to have an elevated level, follow-up services, including a home assessment, are provided.

### Nutrition Counseling

A CUPHD Registered Dietitian is present onsite at the Urbana School Health Center (USHC) one half-day per week to provide nutrition counseling services to those clients who access the school-based health center.



## Parent Wonders

CUPHD has an agreement with the Parent Wonders program to visit the Rantoul office to provide support and parenting/child interaction skills education to clients that are participating in WIC services.



## SPROUT!

SPROUT!, a supplemental summer food program that is for children ages 1-18 to plant the seeds for safe, active, and empowered kids, works together with Summer Food Service Program (SFSP) to keep children safe, healthy, and fit during the summer. SPROUT! is sponsored by the Illinois Action for Children and the Illinois Department of Human Services.

Activities during the 2010 program included arts and crafts, dental education, mosquito and bite prevention, games and physical activities, a field trip to Orpheum Museum, and a visit from a former Illini Basketball player to teach basketball skills.

## Teen Parent Services

The Teen Parent Services (TPS) program helps pregnant and parenting teens get their high school diploma or GED certificate. TPS helps clients access child-care, assists with transportation costs and other school and work-related expenses, as well as personal and medical needs.

## Vaccines for Children

CUPHD provides immunizations to kids through the federal Vaccines for Children (VFC) program. There is no cost for these vaccines, and there is only a small administrative fee for each dose, which is billable to Medicaid.

Any child who lives in Champaign County AND who is a Native American or a Native Alaskan, OR is uninsured, OR has insurance that does not fully cover the cost of vaccination is eligible for vaccines. Underinsured children are eligible through an agreement with Frances Nelson Health Center.



## Women, Infants & Children (WIC)

WIC provides nutrition assessment, counseling, and supplemental food coupons for “at-risk” pregnant and postpartum women, infants, and children up to age five.



## Totals for 2010

	C-U	County
<b><u>Family Case Management:</u></b>		
Average Monthly Caseload	1,715	674
Total Home Visits	657	265
Total Clinic Visits	4,685	1,833
Pregnancy Tests	87	36
Genetic Assessments	474	195
Developmental Screenings	1,245	494
Postpartum Depression Screenings	1,111	413
<b><u>HealthWorks:</u></b>		
Average Monthly Caseload	409	162
<b><u>Lead Blood Draws:</u></b>		
Total Lead Blood Draws	1,222	273
<b><u>Teen Parent Services:</u></b>		
Average Monthly Caseload	68	33
<b><u>WIC:</u></b>		
Average Monthly Caseload	3,075	1,117
Total Certifications	7,611	
<b><u>Cooperative Extension:</u></b>		
Total Champaign Clients	84	
Total Rantoul Clients	745	
<b><u>Nutrition Counseling:</u></b>		
Total Nutrition Counseling Sessions with Students	83	
<b><u>Safe Kids:</u></b>		
Total Seats Checked	745	
Total Seats Distributed	447	
Total People Education	1,374	
<b><u>SPROUT!</u></b>		
Total Participants	73	
<b><u>Vaccines for Children:</u></b>		
Total Vaccines	1,439	

## Wellness & Health Promotion

Wellness & Health Promotion provides educational, supportive, and preventative programming to residents throughout Champaign County through the CUPHD Dental Clinic, the Urbana School Health Center, adult immunizations, the Illinois Breast & Cervical Cancer Program, Illinois WISEWOMAN Program, Vision Cooperative, Illinois Tobacco Free Communities, Coordinated School Health, various workshops, and health fairs.

### Adult Immunization Program

CUPHD offers adult private pay immunizations by appointment. Payment is accepted by cash, check, credit/debit, or IPA card. The people served are approximately 45% from education programs for health vocations, 25% from immigration, and 17% mission and travel. The remaining 15% is a miscellaneous category including work needs, Consortia clients, injury requiring Td and booster Tdap for persons caring for infants. The standard injectable immunizations are Hepatitis A, B or A/B, Tetanus as Td or Tdap, Mumps, Measles and Rubella, Varicella (chickenpox), Polio, and Typhoid.



## Bone Up!

### Osteoporosis Prevention for Teens

Wellness & Health Promotion offers a three-session program for junior high and high school girls to teach them the importance of building bones now to prevent osteoporosis later. Participating girls learn the importance of calcium, foods that hinder and help the absorption of calcium, and make customized plans to increase the amounts of calcium they receive every day. Participants also learn to make healthy calcium-rich snacks, the importance of weight-bearing exercise, and earn great gear to assist them with increasing this activity.

### Break the Habit

Break the Habit is a partnership between the Illinois Tobacco Quitline and CUPHD. Residents of Champaign County interested in quitting can call the Tobacco Quitline to receive individual phone counseling from an Addiction Specialist. CUPHD will provide the client with nicotine patches based on the recommendation of the Addiction Specialist.

### Child Vision & Hearing Screening

The CUPHD Hearing and Vision Screening Program provides state-mandated hearing and vision screening to licensed day care facilities, preschools, public schools, and parochial schools upon request. CUPHD employs a state-certified auditory and vision technician.

### Coordinated Approach to Child Health (CATCH)

CUPHD supports schools who are interested in implementing the CATCH program. CATCH consists of four (4) components to help keep children moving and eating right: Health Education, CATCH PE, Home Team, and school nutrition. Schools go through a full day of training, and receive the curriculum and support to implement the program. There are a total of five (5) schools in Champaign County that participate in CATCH.

Additionally, the CATCH program encourages “Moving Mondays” & “Fitness Fridays”. These are days that schools participating in CATCH ask students to move when told to (over the school intercom system). CUPHD also offers structured physical activities at recess.

### CUPHD Dental Program

The CUPHD Dental Clinic sees children ages 3-18 enrolled in Champaign or Urbana School Districts. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions.

As part of expanded services, the CUPHD Dental Clinic provides exams to children ages K-8 in their schools, using mobile dental equipment. Children who meet eligibility requirements also receive cleanings, sealants, and fluoride varnish treatments.

The CUPHD Dental Clinic also provides an Oral Health Education and Fluoride Varnish Program for infants and toddlers participating in CUPHD’s Maternal

& Child Health (MCH) WIC program. A hygienist is available two days a month on a walk-in basis by referral from MCH. Parents are instructed in the proper care of their child’s teeth, while the hygienist screens for moderate to high risk of developing early childhood cavities. The parent also receives written instructions about how to care for their child’s developing teeth and an age-appropriate toothbrush. Written materials are available in English and Spanish.



### Diabetes Program

The Diabetes Program is funded in part by the Illinois Diabetes Prevention and Control Program (IDPCP) with a grant from the Centers for Disease Control and Prevention. In cooperation with the University of Illinois Extension Services, a bi-monthly newsletter is sent out to persons with pre-diabetes or diabetes who have enrolled in the diabetes program. The statistics from their enrollment and yearly reviews help to form the picture of diabetes care in Champaign County.

## Freedom from Smoking

Freedom From Smoking is a 7-week, 8-session class that focuses on giving participants the tools to successfully quit. This program is available to residents of Champaign County who want to live tobacco-free. Before participants quit, they look at their habit and the reasons for wanting to be tobacco-free, and develop a customized individual plan to quit. Nicotine patches are offered with this program.



## Hand Washing Education

Wellness & Health Promotion offers a series of age-appropriate hand washing education programs and materials for all local schools. Schools may request these programs FREE by calling Nikki Hillier at 217.531.2914.



## Health Education Activities

### Special Events—Champaign-Urbana

- 4th Annual Child Hunger Symposium
- Carrie Busey CATCH Celebration
- Cessation Panel with Provena
- Health Fair at Cunningham Children's Home
- Healthy Kids Day
- Ready Set Grow
- Stratton Elementary Walk-A-Thon
- Urbana School District African American Cultural Fair
- Vineyard Church with an Educational / Outreach Table
- World Asthma Day
- World Asthma Day for Kids

### Special Events—Champaign County

- REALITY, IL Poster Contest (150 entries-Champaign County)
- REALITY, IL Poster Contest (Unity West schools)
  - Unity West Open House
  - Unity West Mileage Club
- St. Joseph Health Fair





## Illinois Breast & Cervical Cancer Program (IBCCP)

The Illinois Breast & Cervical Cancer Program (IBCCP) contracts with local medical providers to provide FREE breast and cervical cancer screening for women ages 35-64 with no health insurance, Medicaid, or Medicare part B.



The CUPHD IBCCP program serves women from Champaign, McLean, and Vermilion Counties. IBCCP provides community outreach, as well as educational materials and presentations throughout the IBCCP service area. IBCCP encourages all women to have their annual screenings done and seeks new client enrollment in order to provide screenings for uninsured women who would otherwise have no access to these services. Approximately 40% of the screenings yield abnormal results requiring IBCCP medical case management and diagnostic services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

## Illinois WISEWOMAN Program

The Illinois WISEWOMAN Program (IWP) is a cardiovascular disease (CVD) risk-factor screening, intervention, and evaluation program that is currently being implemented among women who participate in the Illinois Breast and Cervical Cancer Program (IBCCP). IWP provides services for low-income, underinsured, or uninsured women ages 40 to 64. The IWP aims to reduce heart disease and other chronic disease risk factors through screening and lifestyle interventions that target blood pressure, cholesterol, diet, physical activity, and tobacco cessation.

## Juvenile Detention Center Outreach

Wellness & Health Promotion health educators provide a variety of programs to the youth in the Champaign County Juvenile Detention Center throughout the month. Topics include, but are not limited to, sexual health, nutrition, and tobacco-free living.

## Letting Go

Letting Go is a support group for people who are working to quit smoking, no matter where they are in the quitting process. Participants gain tools needed to quit smoking, develop an individualized plan to quit, prepare for trigger situations, celebrate successes with other quitters, and discuss cessation aids and options.

## Not Here

Not Here is a tobacco sales compliance program for Champaign County. CUPHD notifies all tobacco vendors that they will be checked periodically for age 18 tobacco sales compliance. Congratulatory letters are sent to stores that pass “secret shopper” compliance tests. Reports on stores that fail compliance testing are forwarded to local law enforcement, who do an official check for compliance. The “Not Here” program occurs three times a year.

## Nutrition Education

Wellness & Health Promotion offers a series of age-appropriate nutrition education programs and materials for all local schools. Schools may request these programs FREE by calling Nikki Hillier at 217.531.2914.



## Smoke Free Illinois Compliance

Smoke Free Illinois Compliance is an education and enforcement program for Smoke Free Illinois. CUPHD is responsible for receiving and investigating complaints for Champaign County, including those made to the State of Illinois, the smoking complaint hotline at CUPHD, and the CUPHD website. CUPHD will help businesses to comply where possible, and issue citations when appropriate.

## Tar Wars

Tar Wars is a 3-session program delivered in 4th and 5th grade classes. This program’s focus is on changing normative beliefs about the prevalence of tobacco use. Further, instead of giving participants reasons not to use tobacco, it equips participants with decision-making and effective communication skills. Through this program students get a chance to develop counter-marketing strategies.

## Tobacco Education

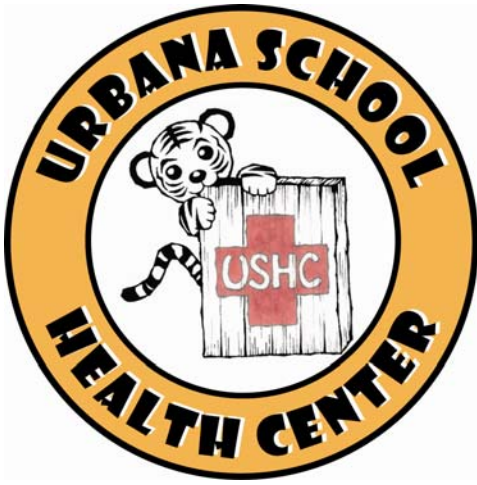
CUPHD offers a series of age-appropriate tobacco education programs and materials for all local schools. Schools may request these programs FREE by calling Nikki Hillier at 217.531.2914.

## Training Intervention Procedures (T.I.P.s)

Wellness & Health Promotion provides an alcohol serving training program for all local businesses that serve alcohol. CUPHD partners with the Champaign Police Department and Prairie Center Health Systems to bring this program to area alcohol servers.



### Urbana School Health Center (USHC)



The Urbana School Health Center (USHC) consists of a seamless partnership of trusted local agencies dedicated to the health and well being of children enrolled in the Urbana School District.

Services are available to ALL students of the Urbana School District during their school day, allowing for consistent and convenient carefree medical and dental services. Services include routine exams and procedures; acute care issues stemming from injuries or chronic disease conditions; and counseling and wellness programs. USHC's community care approach ensures the Urbana School District students the best possible care - away from home.

The Urbana School Dental Clinic sees children ages 3-18 enrolled in the Urbana School District. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions.

# WELLNESS & HEALTH PROMOTION

## Totals for 2010

	C-U	County	Other
<b><u>Adult Immunizations</u></b>			
Hepatitis A	43	14	3
Hepatitis B	81	31	8
Polio	7	2	-
Mumps, Measles & Rubella (MMR)	53	31	1
Tetanus & Diphtheria	53	8	3
Tetanus, Diphtheria & Acellular Pertussis	78	38	8
Hepatitis A & B	43	20	-
Typhoid	32	11	-
Varicella/Chickenpox	35	8	1
<b><u>Break the Habit</u></b>			
Number of Participants	16	22	
<b><u>Not Here</u></b>			
Number of Attempts	159	125	
Number of Sales	28	10	
<b><u>Osteoporosis Prevention for Teens-Bone Up!</u></b>			
Total Number of Participants	56	159	
<b><u>Project TNT</u></b>			
Number of Programs	9	12	
Number of Participants	181	260	
<b><u>Reality, IL</u></b>			
Number of Programs	3	15	
Number of Participants	14	21	
<b><u>Smoke Free Illinois Compliance</u></b>			
Number of Complaints	9	18	

Cont'd



## Totals for 2010

C-U

### CATCH

Average Number of Participants per Month 1,773

### CATCH Training

Number of Programs 1

Number of Participants 62

### Hand Washing Education

Number of Programs 1

Number of Participants 10

### Juvenile Detention Center Outreach

Number of Programs 4

Number of Participants 20

### Letting Go

Number of Programs 3

Number of Participants 2

### Nutrition Education

Number of Programs 1

Number of Participants 68

### Reproductive Health

Number of Programs 10

Number of Participants 51

### Tar Wars

Number of Programs 2

Number of Participants 48

### Tobacco Education

Number of Programs 1

Number of Participants 20

### Training Intervention Procedures (T.I.P.s)

Number of Programs 7

Number of Participants 72

Cont'd

## Totals for 2010

### CUPHD Dental Clinic

New Patients	818
Visits by Patients of Record	3,794
Total Patient Visits	4,612
Total Children Seen in School Sealant Clinics	1,394
Total Number of Sealants Placed in School Sealant Visits	745
Total Procedures Performed	13,768
Average Procedures per Patient	3.0

### Urbana School Health Center Dental Program

New Patients	360
Visits by Patients of Record	1,556
Total Patient Visits	1,916
Total Procedures Performed	5,330
Average Procedures per Patient	2.8



Cont'd

## Totals for 2010

### IL Breast & Cervical Cancer Program (IBCCP)

Total Average Number of Active Clients per Month	1,816
Total Number of New Clients Enrolled	468

#### Average Number of Active Clients per Month

- Champaign-Urbana	529
- Champaign County	327
- McLean County	521
- Vermilion County	439

#### Number of New Clients

- Champaign-Urbana	158
- Champaign County	65
- McLean County	223
- Vermilion County	108

#### Cancers Diagnosed through IBCCP

- Breast Cancer	
- Champaign-Urbana	7
- Champaign County	4
- McLean County	3
- Vermilion County	3
- TOTAL	17
- Cervical Cancer or Pre-cancerous Condition	
- Champaign-Urbana	2
- Champaign County	3
- McLean County	3
- Vermilion County	2
- TOTAL	10

### IL Diabetes Control Program

Active Clients	254
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#### Clients Receiving Quarterly Newsletters

- Champaign-Urbana	156
- Champaign County	89
- Douglas County	1
- Piatt County	1
- Other	1

Cont'd

# WELLNESS & HEALTH PROMOTION

## Totals for 2010

### IL WISEWOMAN Program

Total Average Number of Active Clients per Month	266
Total Number of New Clients Enrolled	233

### Average Number of Active Clients per Month

- Champaign-Urbana	169
- Champaign County	92
- McLean County	0
- Vermilion County	5

### Number of New Clients

- Champaign-Urbana	161
- Champaign County	70
- McLean County	0
- Vermilion County	2







## Champaign-Urbana Public Health District

201 W. Kenyon Road  
Champaign, Illinois 61820

217.352.7961  
[www.c-uphd.org](http://www.c-uphd.org)

### Environmental Health

217.373.7900

- Emergency Preparedness Planning
- Food Safety Classes
- Inspection of Food & Drink Establishments
- Inspection of Tattoo & Tanning Establishments
- Lead Investigations
- Private Sewage System Permits
- Private Water Well Permits
- Radon Awareness
- West Nile Virus Surveillance

### Infectious Disease

217.239.7827

- Communicable Disease Surveillance & Investigation
- Hepatitis Testing & Vaccinations
- HIV Case Management
- HIV Counseling & Testing
- Mobile Outreach Project
- Pregnancy Tests
- Prostate Cancer Screenings
- STD Testing
- TB Prevention & Management

#### Finance

217.531.4263

#### Human Resources

217.531.4265

#### Information Technology

217.531.4274

#### Public Relations

217.531.4264

#### Vital Records

217.352.7961

### Maternal & Child Health

217.531.4304

- All Kids Applications
- Blood Lead Screenings
- Breastfeeding Support
- Car Seat Program
- Childhood Immunizations
- Developmental & Postpartum Depression Screenings
- Family Case Management / Health Works
- Teen Parent Services
- Women, Infants & Children (WIC)

### Wellness & Health Promotion

217.373.7901

- Adult Immunizations
- Child Dental Health
- Coordinated School Health
- Illinois Breast & Cervical Cancer Program (IBCCP)
- Illinois Diabetes Control Program
- Illinois Tobacco Free Communities
- Illinois WISEWOMAN Program
- Smoking Cessation
- Urbana School Health Center
- Vision & Hearing Screenings



**Public Health**  
Prevent. Promote. Protect.

Champaign-Urbana Public Health District



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**Champaign-Urbana Public Health District**

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